



Name: _____
 Swim Time: _____



Name: _____
 Swim Time: _____

IMPORTANT INFORMATION FOR SWIMMERS ON THE DAY - PLEASE READ ON!

Please report to your Team Captain at the entrance to the YMCA SWIMMING POOL ST ANNES **30 minutes** before your allotted swim time (details to follow).

TO ENSURE SMOOTH RUNNING OF THE EVENT IT IS ESSENTIAL THAT YOU REPORT ON TIME WE MAY HAVE TO REFUSE TO ACCOMMODATE LATE ATTENDERS!

Teams will assemble in the foyer. Please do not go into the changing rooms until instructed to do so by a steward. The competitors waiting space at the far sides of the baths will be marked according to your swimming lane. On completion of the swim by your team, please clear the lane area as quickly as possible when instructed to do so by a steward in charge.

IMPORTANT – PLEASE REMEMBER:- Trunks or costume, tracksuit/warm clothing Towel and pool-side footwear.

PLEASE BRING YOUR SPONSORSHIP FORM!

SPONSORSHIP FORMS: Please complete these fully and correctly in every respect, In order to total the amounts for our prize-giving event, it is important that every swimmer completes their name and address. The Team Captain must submit the Sponsorship Form to the Chief Steward on arrival. The form will be returned to the Team Captain with each individual certificate and gift bag in the Foyer shortly after the end of the swim.

There is a limited area for spectators, there will be NO admission charge. Can we please state that **NO PHOTOGRAPHY** will be permitted at the event, an official photographer will attend for some of the swim and images can be requested if necessary.

Thank you for your support.

IMPORTANT INFORMATION FOR SWIMMERS ON THE DAY - PLEASE READ ON!

Please report to your Team Captain at the entrance to the YMCA SWIMMING POOL ST ANNES **30 minutes** before your allotted swim time (details to follow).

TO ENSURE SMOOTH RUNNING OF THE EVENT IT IS ESSENTIAL THAT YOU REPORT ON TIME WE MAY HAVE TO REFUSE TO ACCOMMODATE LATE ATTENDERS!

Teams will assemble in the foyer. Please do not go into the changing rooms until instructed to do so by a steward. The competitors waiting space at the far sides of the baths will be marked according to your swimming lane. On completion of the swim by your team, please clear the lane area as quickly as possible when instructed to do so by a steward in charge.

IMPORTANT – PLEASE REMEMBER:- Trunks or costume, tracksuit/warm clothing Towel and pool-side footwear.

PLEASE BRING YOUR SPONSORSHIP FORM!

SPONSORSHIP FORMS: Please complete these fully and correctly in every respect, In order to total the amounts for our prize-giving event, it is important that every swimmer completes their name and address. The Team Captain must submit the Sponsorship Form to the Chief Steward on arrival. The form will be returned to the Team Captain with each individual certificate and gift bag in the Foyer shortly after the end of the swim.

There is a limited area for spectators, there will be NO admission charge. Can we please state that **NO PHOTOGRAPHY** will be permitted at the event, an official photographer will attend for some of the swim and images can be requested if necessary.

Thank you for your support.